

# The Raven



## Half Marathon Application

*Sunday, October 1, 2017  
Poe Valley State Park @ 9:00am  
136 Poe Valley Road  
Milroy, PA 17063*

**This race is limited to 100 participants ~ Call Tim @ 717.250.4630 with questions**

### The Raven Half Marathon Details

<b>Course Details:</b>	A challenging 13.1 mile course on mostly single track mountain trails with some substantial climbs containing roots and loose rocks. (trail shoes are recommended)
<b>Online Application &amp; Payment:</b>	<a href="https://ultrasignup.com/register.aspx?did=45132">https://ultrasignup.com/register.aspx?did=45132</a>
<b>Or Mail Application &amp; Payment:</b>	Send payment and application to: Tim Spigelmyer 275 Belltown Road, McClure, PA 17841
<b>Pre-Race Day Entry Fee:</b>	\$40.00 for all entries received prior to September 30 <sup>th</sup>
<b>Race Day Entry Fee:</b>	\$50.00 on race day
<b>Race Day Registration Time:</b>	7:30am to 8:45am
<b>Registration Location:</b>	Pavilion next to Poe Valley State Park Main Office
<b>Race Day Start Time:</b>	9:00am
<b>Awards:</b>	To the 1 <sup>st</sup> male and 1 <sup>st</sup> female in Open Division (age 39 and under) To the 1 <sup>st</sup> male and 1 <sup>st</sup> female in Masters Division (age 40 and over) Finisher medal to all runners who complete the challenging course!
<b>T-Shirt:</b>	Free Raven T-Shirt guaranteed to all pre-registered runners prior to September 13 <sup>th</sup>
<b>Race Benefits:</b>	SMCC trail building and maintenance in the Bald Eagle State Forest

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Seven Mountains Conservation Corp, DCNR, Poe Valley State Park, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature if under 18: \_\_\_\_\_

Date: \_\_\_\_\_

