

The Raven



Half Marathon Application

*Sunday, October 7, 2018
Poe Valley State Park @ 9:00am
136 Poe Valley Road
Milroy, PA 17063*

This race is limited to 200 participants ~ Call Tim @ 717.250.4630 with questions

The Raven Half Marathon Details	
Course Details:	A challenging 13.1 mile course on mostly single track mountain trails with some substantial climbs containing roots and loose rocks. (trail shoes are recommended)
Online Application & Payment:	https://ultrasignup.com/register.aspx?did=51144
Or Mail Application & Payment:	Send payment and application to: Tim Spigelmyer 275 Belltown Road, McClure, PA 17841
Pre-Race Day Entry Fee:	\$40.00 for all entries received by August 31st
Race Day Entry Fee:	\$50.00 after August 31 and registration closes on October 3 rd at 11:59 pm
Race Day Registration Time:	October 7 th 7:30 limited to 200 participants.
Registration Location:	Pavilion next to Poe Valley State Park Main Office
Race Day Start Time:	9:00am
Awards:	To the 1 st male and 1 st female in Open Division (age 39 and under) To the 1 st male and 1 st female in Masters Division (age 40 and over) Finisher medal to all runners who complete the challenging course!
T-Shirt:	Free Raven T-Shirt to all pre-registered runners prior to September 13 th
Race Benefits:	SMCC trail building and maintenance in the Bald Eagle State Forest

Name: _____ Age: _____ Sex: _____ Shirt Size: S _____ M _____
L _____ XL _____

Address: _____ City: _____ Zip: _____

Phone: _____ E-mail: _____

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not

limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Seven Mountains Conservation Corp, DCNR, Poe Valley State Park, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____

Date:

Parent Signature if under 18: _____

Date:

